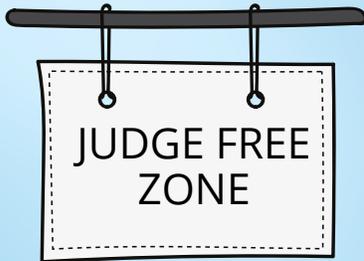


MEDICATION-ASSISTED TREATMENT IS NOW AVAILABLE AT MHC METRO CENTER AND MURFREESBORO!

Medication-assisted treatment (MAT) is the use of medications with counseling and behavioral therapies, to provide a "whole-patient" approach to treatment of substance use disorders. MAT is the recommended course of treatment for opioid addiction by the American Academy of Addiction Psychiatry and the American Medical Association, among many others. (www.samhsa.gov)

HERE'S HOW OUR INTEGRATED MODEL BENEFITS YOU:



Judgement Free Zone

At MHC, you are NEVER judged and are always included in your treatment decisions. We love working with our clients and treat them like family in a safe, warm and friendly environment.



Communication is key!

With "Integrated Care," your team talks regularly about the most effective way to help you succeed. Your Psychiatric and MAT providers are both full time MHC employees who will work together to help you feel better, faster.



Trauma-Therapy with Licensed Clinicians

We offer all the therapy approaches that have been proven to work including EMDR, DBT, Trauma-Focused CBT, etc. These types of therapy are essential to your recovery if you have experienced trauma.



Convenient one-stop shop

In a single visit, you can see your MAT provider, pick up your meds at our pharmacy, AND benefit from additional services you may need to be successful (Care Management, Psychiatry, Therapy, Primary Care, Crisis Services, etc).



Care Managers are Essential

Care Managers help with so many needs such as: transportation, benefits/financial supports, shelter, food, clothing, coordinating care and more. Our Care Managers will work to ensure you have access to the resources you need.



MHC Provides Long-Term Solutions

Research shows that clients on MAT for at least 1-2 years have the best chance of long term success. There is no current evidence to support benefits from stopping MAT. (www.thenationalcouncil.org/mat/)